

# Trauma Informed Practice Training Part 1

## AIMS:

This online course aims to support practitioner understanding of the impact of trauma (with a focus on child sexual abuse and exploitation) on children, young people and adults.

## TARGET AUDIENCE:

This session is aimed at frontline staff and managers in the public, private and third sectors across Perth & Kinross.

## LEARNING OUTCOMES:

By the end of the course, participants should:

- Have better recognition and understanding of the short and long term impacts of trauma
- Have increased awareness in identifying the immediate needs of trauma affected people
- Have increased understanding of supporting individuals affected by trauma to safely disclose
- Be more knowledgeable about the importance of encouraging and/or supporting people's recovery following trauma and
- Have increased awareness of the needs of workers exposed to the details of trauma experienced by others.

## WHEN:

- 3<sup>rd</sup> June 2021 9.30 – 12pm
- 29<sup>th</sup> June 2021 9.30 – 12pm
- 19<sup>th</sup> August 2021 9.30 - 12pm
- 26<sup>th</sup> August 2021 9.30 – 12pm
- 17<sup>th</sup> November 2021 9.30 – 12pm
- 20<sup>th</sup> Jan 2022 9.30 – 12pm



## TO APPLY FOR A PLACE:

Email [RASAC P&K – admin@rasacpk.org.uk](mailto:admin@rasacpk.org.uk)

Visit the PKC [Child Protection Learning and Development Page](#) to find out about other available learning opportunities and courses.



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